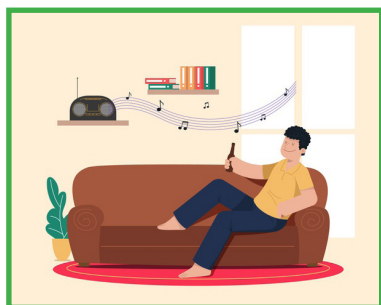
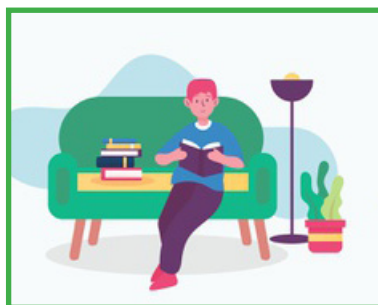


DAGBESTEDING THUIS IN TIJDEN VAN CORONA

#SAMENTEGENCORONA



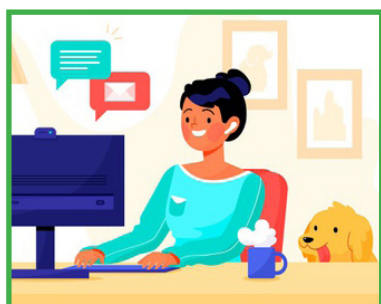
Muziek beluisteren



Boeken lezen



TV kijken, gamen



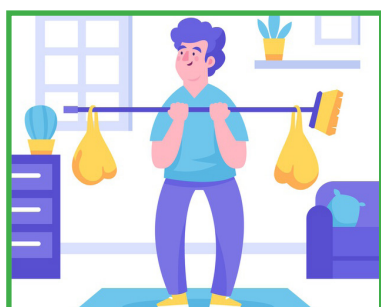
Hou contact met familie,
vrienden, burens...



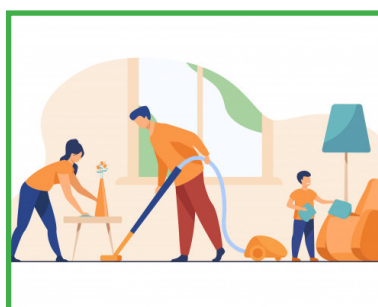
Puzzelen, gezelschapspel,
kaarten, kruiswoordpuzzels...



Klussen



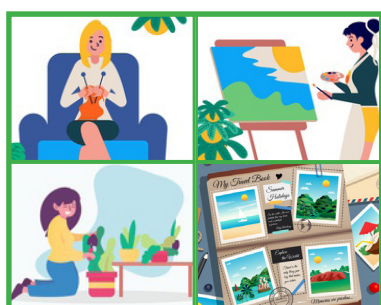
De dagelijkse oefeningen



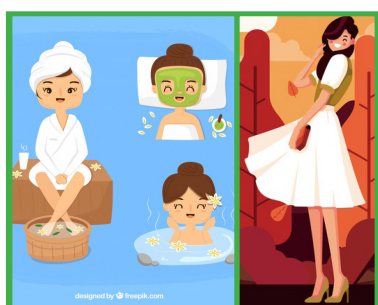
Het huishouden



Koken



Handwerk, schilderen, plan-
ten verzorgen, foto's kijken



Jezelf eens extra verwennen.
Je voelt je veel beter!



Of gewoon niets doen...